

The
© **Incredible
Years**®



FREE
Parenting Class

AND Childcare!*

Parents will learn:

- How to play interactively with children ages 3-8
- Ways to praise effectively
- Skills for effective limit setting
- Become skilled at handling misbehavior

"I feel more in control and more prepared to deal with difficult situations that may arise. I have more tools." ~ Incredible Years Parent

This FREE parenting class meets every Friday from 10 a.m. to 12:30 p.m. from Feb. 1 to May. 10, 2019.

A light meal will be provided at no cost!

For more information and to sign up, please call (719) 572-6100.

ASPEN
POINTE.

179 S. Parkside Dr.
Motivation Room

*Limited availability!

