

## Helping you navigate the autism treatment journey

When searching for the right ABA provider, you will have many questions, thoughts, and concerns. Insurance processes shouldn't be one of them. We are here to guide you through the insurance maze every step of the way.

We work with most major insurance companies. If you do not see your company listed below or you have questions about insurance and ABA coverage, just reach out and we will be happy to help!

### Accepted Insurance

Aetna  
BCBS CO  
Medicaid  
Health First Colorado  
UBH  
Cigna  
United Healthcare  
Tricare West  
School District

### Questions?

Our team is here to walk beside you every step of the way.

## ABA Services



### BEHAVIOR & SKILLS ASSESSMENTS

Skilled BCBA's identify why behavior occurs through our comprehensive and individualized assessment process. In collaboration with those that interact most with the child, we develop our Treatment Plan, which also includes all the skill acquisition goals that we want your child to learn. Essentially, our aim is to decrease challenging behavior and increase socially-appropriate desirable behavior. This is all done during our assessments at Cultivate.



### 1-ON-1 SERVICES

Highly engaged Behavior Technicians (BTs) work individually with your child to address the goals identified in our collaborative and individualized Treatment Plans. This can include working to decrease meltdowns, increase independence, or even things like sleeping in their own bed. We will help with what's meaningful and significant to you and your child.



### BCBA CASE SUPERVISION

Qualified BCBA's provide support to you, and supervision to your child and the 1-on-1 Behavior Technicians (BTs) in order to ensure that we continue to provide the highest quality of intervention and that all needs continue to be met throughout the provided intervention.



### FAMILY CONSULTANTS

Our BCBA's will come alongside you during everyday activities, showing you what to do and when to do it—we'll equip you to best support your entire family.



### SOCIAL GROUPS

At times, skills need to be targeted with peers rather than just with a BT. Social groups provide the perfect opportunity to develop social skills through interactions with multiple peers.

## Changing Lives Through Personalized Care



# Cultivate

BEHAVIORAL HEALTH & EDUCATION

Meet the team that's as committed to your child as you are.



@cultivatebhe



## Our Mission

At **Cultivate**, we utilize the most effective, evidence-based strategies, and teaching methodologies to focus on what will bring the most meaningful change to that child's life. Above all, it is our belief that Applied Behavior Analysis (ABA) should be **engaging, dynamic, and highly**

**reinforcing.** Your family will be paired with a BCBA and BT(s) that fits your child's needs, learning styles, and preferences.

We want our team to come alongside your family and demonstrate the level of compassion and programming precision that is involved in high-quality ABA services and we could not be more thrilled to facilitate the learning process.

**Outreach Coordinator:**  
Andres Sweetland  
(719) 249-8785  
cultivatebhe.com

## ABA Therapy Can Help

### Individualized treatment

We meet the unique needs that our clients have. Each client has a different Treatment Plan based on THEIR needs, not robotic programming protocols that require all clients to do what everyone else does!

### Work on what matters

We work on the skills that matter most in your child's life. We focus on treatment goals that will create socially significant change for your family and equip your child for success as they grow. We give children the tools to live the most independent life possible.

## Skills We Teach

- Language development
- Functional play
- Social skills
- Daily living skills
- Family support and trainings
- School readiness
- Potty training
- Behavior management
- Coping strategies



## Where Therapy Can Take Place



COMMUNITY

Children learn to safely access the community including grocery stores, doctor's offices, hair cuts, and restaurants.



IN-HOME

Children learn to appropriately engage and play with siblings. Independence is gained by accomplishing potty training, daily hygiene skills and tasks, and

completing household chores.



CENTER-BASED

Children grow more independent in a safe, caring, and comfortable environment by playing with peers, practicing and learning social skills, communication, daily living skills, and school-readiness.

## Clinic Locations

1930 Frequent Flyer Point  
Colorado Springs, CO 80915